



Lauren

Age: 34

State: NSW

Policy type: Single



Gym membership:

Anytime Fitness, Standard Membership, 12 months, NSW
\$77.78 per month, \$119.45 joining fee



AIA Vitality Status:

Silver



Example policy:

Bronze Plus Hospital 500 with Lite Extras – Single

Example health insurance
annual premium:

\$1,494.67

(after 5% AIA Vitality discount and full
government rebate, no LHC loading)

Lauren's total
annual savings
and rewards:

\$1,152.72

AIA Vitality activity	Points accumulated
Online AIA Vitality Health Review	1,000
Skin self-examination	1,000
Online Nutrition assessment x 1, twice per year	1,000
Mental wellbeing assessment x 3, twice per year	1,500
Non-smoker's Declaration	1,000
AIA Vitality Health Check (BMI, Blood Pressure, Cholesterol, Glucose – all healthy results)	6,000
Dental Check	1,000
40 x partner gym visits	4,000
Work out with a fitness device or app (achieving daily step targets)	2,000
Total points	18,500

Savings and rewards	Amount earned/saved
5,000 points shopping reward	N/A
10,000 points shopping reward	\$20.00
15,000 points shopping reward	\$40.00
24 x \$5 weekly Active Benefits vouchers	\$120.00
10% off Anytime Fitness membership fee (12 months)^	\$93.00
50% off Anytime Fitness standard club joining fee^	\$59.72
\$0 Allen Carr's Easyway Group Clinic to quit smoking (\$0 after 30% and 70% cashback after attendance)	\$625.00
20% cashback on return flight between Sydney and Denpasar (Bali) Indonesia (indicative saving only)	\$195.00

^ Please note exact membership saving will depend on the home club.

EXAMPLE CASE STUDY

AIA Health Insurance with AIA Vitality is issued by MO Health Pty Ltd ABN 32 611 323 034, a registered private health insurer. AIA Vitality is issued by AIA Australia Limited ABN 79 004 837 861. AIA Vitality partners, benefits and rewards are subject to change at any time. For the most up-to-date information and to view the AIA Vitality Terms and Conditions see aiovitality.com.au. Partner terms and conditions may also apply. Premiums, AIA Vitality points and rewards are correct as at time of publication March 2020.

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