



NEXT EVOLUTION
PERFORMANCE

MORE PROFIT LESS EFFORT

THE SCIENCE OF SUSTAINED HIGH PERFORMANCE

Achieving high performance today is very different to 10 years ago. And in 10 years time it will be different again. The bar has been raised, workplaces are changing, people are getting “busier” with more demands being placed on them to “work smarter not harder”.

In order to increase profit, it's not only important to improve **practice management** strategies but also **human performance** strategies for yourself and for your team.

Two of the biggest issues that advisers face is staff and lack of time. Very few practice owners naturally have the neuroscience-based leadership skills to attract and develop high performing people. This is one of the biggest restraints on business growth.

Many financial advice practices spend way more on salary expenses than they would if all staff were operating at sustained optimal performance levels.

What do we do?

Next Evolution Performance works with CEOs, leadership teams, executives, business owners and, in particular, financial advice practices.

Our programs focus on enhanced performance, productivity, mindset and energy levels.

Leadership for high performance

We firstly ensure the leaders are exhibiting true high performance without burnout.

We then provide the leaders with the tools and frameworks to coach their teams to achieve the same.

Traditional leadership is no longer good enough.

Approach

Our unique “neural, mental, physical” approach combines neuroscience, psychology, and sports training principles for high performance.

We consult to diagnose the source of the areas for growth and then coach to achieve high performance.



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Workshops and High Performance Coaching Programs

Why?

- > Work, life and technology are placing more demands on everyone;
- > Stress, burnout and serious related diseases are on the rise and are costly to both individuals and businesses;
- > People now have more flexibility without knowing how to use it to achieve sustained performance;
- > You need to coach your team to “work smarter not harder”.

What?

- > The concept of energy;
- > Understand the neuroscience of high performance and effective ways to implement;
- > Understand and apply “Personal Pace” to allow you to be as effective as possible with as little effort as possible;
- > Understand mindset and positive psychology for high performance and ways to implement;
- > Use the above to be an effective high performance leader.

How?

- > Workshops can range from 3 - 300 people and from one hour to multiple days and follow up sessions;
- > PACE Indicators are generally used to help diagnose areas for growth;
- > Individual coaching programs are generally 3-4 months duration;
- > Express coaching sessions can be one-off or ad hoc for 30-90 minutes at a time.

Next Evolution Performance Coaches

Our coaches have both business leadership experience and fitness experience so they know what it's like to maintain sustained high performance without burnout in the “real world”.....where everyone is different.



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