

# BFT GET UP TO 3 WEEKS FREE

on your BFT gym membership when you join AIA Health

## Terms and conditions

10 July 2025 to 9 September 2025



HEALTHIER, LONGER,  
BETTER LIVES

This offer commences on 10 July 2025 and ends on 9 September 2025.

### 1. Eligibility

You will be an Eligible AIA Health Customer where:

- 1.1 As at 10 July 2025, you do not hold and are not insured under, nor have you in the 2 months prior to 10 July 2025 held or been insured under, a private health insurance policy issued by AIA Health.
- 1.2 You must purchase an eligible combined hospital and extras policy issued by AIA Health that commences between 10 July 2025 and 9 September 2025. The following are not considered to be an Eligible AIA Health Policy:
  - 1.2.1 Basic Accident Only Hospital, Silver Plus Family Hospital and Gold Hospital products (regardless of which extras policy they are purchased with)
  - 1.2.2 Hospital only products
  - 1.2.3 Policies held by members who reside in Northern Territory (NT)
  - 1.2.4 Overseas Workers Base Cover & Overseas Workers Standard Cover
  - 1.2.5 Extras Only products
- 1.3 You are a primary AIA Health member (policy holder) within an eligible health insurance policy.
- 1.4 You are an existing or new BFT member at an eligible BFT studio.
- 1.5 You have not utilised a discount or promotion issued or provided by AIA Health within the last 12 months.
- 1.6 You are at least 18 years of age.
- 1.7 Your AIA Health policy references the following promo code: **BFTJUL25**
- 1.8 You maintain continuous membership with AIA Health for the **Qualifying Period** from the commencement date of your **Eligible Policy**.

- 1.9 Your **Eligible Policy** is paid up to the **Qualifying Period** at the time of fulfilment. Time of fulfilment is determined as **within 15 business days of the end of the Qualifying Period**.

### 2. Offer

The following offer applies to **Eligible Customers** only:

#### Basic Plus, Bronze and Bronze Plus Combined Products

- 2.1 You will be entitled to receive a maximum of 2 weeks free on your Eligible BFT membership, subject to meeting the **Qualifying Period** conditions.
- 2.2 Only one (1) **Eligible Customer** per **Eligible Policy** is entitled to this offer.
- 2.3 **Qualifying Period 1**
  - a) For policies purchased between 10 July 2025 and 31 July 2025, once you have held and paid for your **Eligible Policy** for a continuous period up to 6 October 2025, your details will be shared with BFT **within 15 business days of the Qualifying Period**.
  - b) For policies purchased between 1 August 2025 and 31 August 2025, once you have held and paid for your **Eligible Policy** for a continuous period up to 3 November 2025, your details will be shared with BFT **within 15 business days of the Qualifying Period**.
  - c) For policies purchased between 1 September 2025 and 9 September 2025, once you have held and paid for your **Eligible Policy** for a continuous period up to 10 November 2025, your details will be shared with BFT **within 15 business days of the Qualifying Period**.

## Silver, Silver Plus and Silver Plus Advanced Combined Products

2.4 You will be entitled to receive a maximum of 3 weeks free on your Eligible BFT membership, subject to meeting the **Qualifying Period** conditions.

2.5 Only one (1) **Eligible Customer** per **Eligible Policy** is entitled to this offer.

### 2.6 Qualifying Period 1

- a) For policies purchased between 10 July 2025 and 31 July 2025, once you have held and paid for your **Eligible Policy** for a continuous period up to 6 October 2025, your details will be shared with BFT **within 15 business days of the Qualifying Period**.
- b) For policies purchased between 1 August 2025 and 31 August 2025, once you have held and paid for your **Eligible Policy** for a continuous period up to 3 November 2025, your details will be shared with BFT **within 15 business days of the Qualifying Period**.
- c) For policies purchased between 1 September 2025 and 9 September 2025, once you have held and paid for your **Eligible Policy** for a continuous period up to 10 November 2025, your details will be shared with BFT **within 15 business days of the Qualifying Period**.

## 3. General

- 3.1 This weeks free BFT offer is not available in conjunction with any other AIA Health promotional join offer or any other AIA Australia Limited staff promotional offer or discount.
- 3.2 This weeks free BFT offer cannot be stacked with any other BFT promotional offer.
- 3.3 This offer is only available for **Eligible Policies** purchased directly from AIA Health.
- 3.4 This offer can be used in conjunction with the AIA Vitality BFT offer.
- 3.5 BFT locations can be found [here](#)
- 3.6 Your **Eligible Policy** must not be in arrears, terminated or suspended within any applicable **Qualifying Period**.
- 3.7 This offer is not available to any customers attached to a corporate group, including employees/contractors of AIA Australia.
- 3.8 Should you purchase an AIA Health policy, BFT studios may be eligible to receive a referral fee of the first year's premium payable under that policy.
- 3.9 Terms and conditions are subject to change at the discretion of AIA Health including the right to end, change or extend this offer.
- 3.10 The offer is not exchangeable for cash.

## 4. Redemption Terms

- 4.1 You agree that AIA Health will provide BFT studios with your personal information (member number, full name and email address) required for the purposes of redeeming this offer only.
- 4.2 Once eligibility criteria are met and your details have been sent to BFT, BFT will send you an SMS/email confirming you're now eligible to claim the offer. Please visit your BFT home studio to claim the offer and show them your confirmation SMS/email.
- 4.3 Eligible members will have 6 months to take up the BFT offer from their **Qualifying Period**.
- 4.4 Failure to redeem the BFT offer at your BFT home studio within 6 months of your **Qualifying Period** will result in forfeiting the offer.
- 4.5 BFT studios are responsible for issuing the fulfilment of the BFT membership weeks free offer.
- 4.6 For any queries or issues regarding BFT memberships, including the issuing of the weeks free offer, please contact: [support@bodyfittraining.com](mailto:support@bodyfittraining.com)
- 4.7 AIA Health products are issued by AIA Health Insurance Pty Ltd. For AIA Health customer service queries, including claims, please contact AIA Health:  
Phone: 1800 333 004, Mon-Fri 8am-6pm AEST  
Email: [Health.MemberServices@aia.com.au](mailto:Health.MemberServices@aia.com.au)  
Web: [aia.com.au/health](http://aia.com.au/health)