

BFT GET UP TO 3 WEEKS FREE

on your BFT gym membership when you join AIA Health

Terms and conditions

16 February 2026 – 10 April 2026



HEALTHIER, LONGER,
BETTER LIVES

AIA Health Insurance Pty Ltd (ABN 32 611 323 034) (AIA Health) makes this offer to **Eligible Customers** holding an **Eligible Policy (Offer)**, on the following terms and conditions:

1. Eligibility

You will be an **Eligible Customer** where:

- 1.1 As at 16 February 2026, you do not hold and are not insured under, nor have you in the 2 months prior to 16 February 2026 held or been insured under, a private health insurance policy issued by AIA Health.
- 1.2 You must purchase an eligible combined hospital and extras policy issued by AIA Health that commences between 16 February 2026 and 10 April 2026. The following are not considered to be an **Eligible Policy**:
 - 1.2.1 Basic Accident Only Hospital, Silver Plus Family Hospital and Gold Hospital products (regardless of which extras policy they are purchased with)
 - 1.2.2 Hospital only products
 - 1.2.3 Policies held by members who reside in Northern Territory (NT)
 - 1.2.4 Overseas Workers Base Cover & Overseas Workers Standard Cover
 - 1.2.5 Extras Only products
- 1.3 You are a primary AIA Health member (policy holder) within an eligible health insurance policy.
- 1.4 You are an existing or new BFT member at an eligible BFT studio.
- 1.5 You have not utilised a discount or promotion issued or provided by AIA Health within the last 12 months.
- 1.6 You are at least 18 years of age.
- 1.7 Your AIA Health policy references the following promo code: **BFTFEB26**
- 1.8 You maintain continuous membership with AIA Health for the **Qualifying Period** from the commencement date of your **Eligible Policy**.

- 1.9 Your **Eligible Policy** is paid up to the **Qualifying Period** at the time of fulfilment. Time of fulfilment is determined as **within 30 days of the end of the Qualifying Period**.

2. Offer

The following offer applies to **Eligible Customers** only:

Basic Plus, Bronze and Bronze Plus Combined Products

- 2.1 You will be entitled to receive a maximum of 2 weeks free on your Eligible BFT membership, subject to meeting the **Qualifying Period** conditions.
- 2.2 Only one (1) **Eligible Customer** per **Eligible Policy** is entitled to this offer.

2.3 Qualifying Period

- a) For policies purchased between 16 February 2026 and 15 March 2026, once you have held and paid for your **Eligible Policy** for a continuous period up to 15 June 2026, your details will be shared with BFT **within 30 days of the end of the Qualifying Period**.
- b) For policies purchased between 16 March 2026 and 10 April 2026, once you have held and paid for your **Eligible Policy** for a continuous period up to 20 July 2026, your details will be shared with BFT **within 30 days of the end of the Qualifying Period**.

Silver, Silver Plus and Silver Plus Advanced Combined Products

- 2.4 You will be entitled to receive a maximum of 3 weeks free on your Eligible BFT membership, subject to meeting the **Qualifying Period** conditions.
- 2.5 Only one (1) **Eligible Customer** per **Eligible Policy** is entitled to this offer.

2.6 Qualifying Period

- a) For policies purchased between 16 February 2026 and 15 March 2026, once you have held and paid for your **Eligible Policy** for a continuous period up to 15 June 2026, your details will be shared with BFT **within 30 days of the end of the Qualifying Period**.
- b) For policies purchased between 16 March 2026 and 10 April 2026, once you have held and paid for your **Eligible Policy** for a continuous period up to 20 July 2026, your details will be shared with BFT **within 30 days of the end of the Qualifying Period**.

3. General

- 3.1 This weeks free BFT offer is not available in conjunction with any other AIA Health promotional join offer or any other AIA Australia Limited staff promotional offer or discount.
- 3.2 This weeks free BFT offer cannot be stacked with any other BFT promotional offer.
- 3.3 This offer is only available for **Eligible Policies** purchased directly from AIA Health.
- 3.4 This offer can used in conjunction with the AIA Vitality BFT offer.
- 3.5 BFT locations can be found [here](#)
- 3.6 Your **Eligible Policy** must not be in arrears, terminated or suspended within any applicable **Qualifying Period**.
- 3.7 This offer is not available to any customers attached to a corporate group, including employees/contractors of AIA Australia.
- 3.8 Should you purchase an AIA Health policy, BFT studios may be eligible to receive a referral fee of the first year's premium payable under that policy.
- 3.9 Terms and conditions are subject to change at the discretion of AIA Health including the right to end, change or extend this offer.
- 3.10 The offer is not exchangeable for cash.

4. Redemption Terms

- 4.1 You agree that AIA Health will provide BFT studios with your personal information (member number, full name and email address) required for the purposes of redeeming this offer only.
- 4.2 Once eligibility criteria are met and your details have been sent to BFT, BFT will send you an SMS/email confirming you're now eligible to claim the offer. Please visit your BFT home studio to claim the offer and show them your confirmation SMS/email.
- 4.3 **Eligible Customers** will have 6 months to take up the BFT offer from their **Qualifying Period**.
- 4.4 Failure to redeem the BFT offer at your BFT home studio within 6 months of your **Qualifying Period** will result in forfeiting the offer.
- 4.5 BFT studios are responsible for issuing the fulfilment of the BFT membership weeks free offer.
- 4.6 For any queries or issues regarding BFT memberships, including the issuing of the weeks free offer, please contact: support@bodyfittraining.com
- 4.7 AIA Health products are issued by AIA Health Insurance Pty Ltd. For AIA Health customer service queries, including claims, please contact AIA Health:
Phone: 1800 333 004, Mon-Fri 8am-6pm AEST
Email: Health.MemberServices@aia.com.au
Web: aia.com.au/health