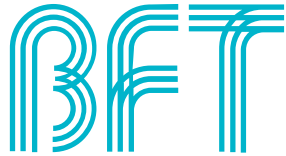


# BFT BENEFIT GUIDE

June 2025



AIA Vitality members get 4 weeks free on a BFT membership, a free Evolt Body Scan, and 50% off a BFT Heart Rate Monitor. This benefit guide will answer all your questions to ensure you make the most of your membership.

## How does it work?

AIA Vitality members get 4 weeks free on a BFT membership at any participating BFT studio.

This benefit is available for new and existing BFT members and includes a free Evolt Body Scan and 50% off a BFT Heart Rate Monitor. Members will also be able to earn 100 AIA Vitality Points when they train with BFT (subject to daily and annual points limits).

- New BFT members will get the first 4 weeks of their membership free.
- Existing BFT members will have the benefit applied to their next billing cycle.

**IMPORTANT:** This offer is redeemable once per membership lifetime and is subject to the terms and conditions of each individual participating BFT studio.

## How do I redeem this offer?

- Open the AIA Vitality app and head to the Benefits and Rewards page. Scroll down and tap the BFT tile.
- Once you've landed on the BFT page, complete the sign-up form, making sure to include your AIA Vitality membership number.
- You will then be contacted by your preferred BFT studio to schedule an in-person appointment to:
  - i. Set up your BFT membership (for new members), or
  - ii. Apply your 4 weeks free (for existing members).
  - iii. During this appointment, you can also:
    - Get your free Evolt Body Scan, and
    - Buy a BFT Heart Rate Monitor at 50% off.
- The studio can help you link your BFT membership to AIA Vitality to ensure you're awarded your 100 AIA Vitality Points accordingly.
- Once your BFT membership is active and linked, you can start earning points when you train with BFT (subject to daily and annual points limits).

## Who is eligible for this benefit?

The 4 weeks free BFT membership offer is available to all new and existing AIA Vitality members, regardless of their membership status with BFT.

You must be an activated member of AIA Vitality to redeem this offer. This offer can only be redeemed once per membership lifetime.

## Can I redeem this offer at all BFT locations?

Yes, this offer is available at all BFT locations. However, availability of the offer may vary and is subject to the terms and conditions of each individual participating BFT studio.

You can see all participating BFT locations [here](#).

## What is the value of this offer?

Each participating BFT studio has its own pricing structure, so you'll need to contact your preferred studio directly for queries related to the details of the offer.

This offer and the associated savings is subject to each individual BFT studio's terms and conditions.

## What if the studio doesn't contact me?

You should expect to hear back from your preferred studio within 1 to 2 business days, either by phone or email.

If you don't receive a response within that time, we recommend contacting your preferred studio directly. You can find the contact details of all participating BFT studios [here](#).

## Can I combine my AIA Vitality offer with other BFT membership offers?

No, you cannot combine your AIA Vitality 4 weeks free with any other membership deals that BFT offers.

## Can I use my AIA Vitality offer to pay for BFT Challenges?

No, you cannot use your AIA Vitality offer to pay for any BFT Challenges. All BFT members must pay a fee to participate in their Challenges. Some studios may waive the participation fee for new members, but this is subject to their terms and conditions and offered at their discretion.

## Can I transfer this benefit to someone else?

No, this benefit cannot be transferred or gifted. It's only available to the AIA Vitality member.

## Can I use the BFT Heart Rate Monitor to earn points for physical activity ?

No, the BFT Heart Rate Monitor is not an eligible fitness device to track physical activity with AIA Vitality. If you want to earn AIA Vitality Points by tracking your heart rate, you will need to use an eligible fitness device. Your eligible fitness device will need to be linked to AIA Vitality and synced regularly. Learn more about eligible fitness devices [here](#).

## What if I'm already a BFT member?

You're still eligible to receive this offer, simply complete the sign-up form as outlined earlier. Once that's done, your 4 weeks free will be applied to your BFT membership.

If you've already linked your BFT membership to AIA Vitality, you'll continue to earn physical activity points for your training sessions.



### Need help?

If you have any questions about the 4 weeks free offer, please contact your preferred BFT studio directly.

For other enquiries about this or any other benefit you receive through AIA Vitality, please call **1800 848 254** or email [queries@aiavitality.com.au](mailto:queries@aiavitality.com.au)