

HEALTH CHECK & SCREENING FORM

Attention Health Professionals

- This form is to confirm that the AIA Vitality member has completed a health check or has taken part in a screening activity on the date(s) below.
- Only current medical practitioners or other appropriately qualified and accredited health professionals may complete this form and they must be independent from the AIA Vitality member and their immediate family.
- As a qualified medical practitioner, you will need to complete each section (where applicable).

MEMBER DETAILS

AIA Vitality
Member number

Member name

HEALTH CHECK

Date dd/mm/yy

Body composition

Height m *

Weight kg *

Waist circ cm *

BMI kg/m²

Blood pressure sys/dia *

Blood glucose Random mmol/L *

Blood glucose Fasting mmol/L *

HbA1c % *

Total cholesterol mmol/L *

*Required for a full VHC

SCREENINGS & VACCINATIONS

	Date	Initials
Dental check	dd/mm/yy	Initials
Eye check	dd/mm/yy	Initials
Skin cancer screen	dd/mm/yy	Initials
Bowel cancer screen	dd/mm/yy	Initials
Breast cancer screen	dd/mm/yy	Initials
Cervical cancer screen	dd/mm/yy	Initials
COVID-19 vaccination (once-off only)	dd/mm/yy	Initials
Flu vaccination	dd/mm/yy	Initials
Shingles Voster vaccination (once-off only)	dd/mm/yy	Initials
Pneumococcal vaccination (once-off only)	dd/mm/yy	Initials

DECLARATIONS

Health professional's signature

Clinic name

Member's signature

Clinic contact number

RESULTS CAPTURE AND UPLOAD

Submit via the AIA Vitality app

- Input the results above and a photo of this form through the Health Checks & Vaccinations section of the app to earn points.
- Please submit one form per health professional only.

Take AIA Vitality wherever you go through our app for iPhone and Android.

Any questions about AIA Vitality Health Check, screenings, or vaccinations, please do not hesitate to contact us.

*As an AIA Vitality member, by signing and submitting the above, I confirm that I have read and consent to the collection, use, handling and disclosure of my personal information in the manner described in the Privacy Policy each of AIA Australia Ltd, AIA Vitality Company Limited and Discovery located at www.aia.com.au/en/individual/index/privacy-policy.html (AIAA) and <https://www.discovery.co.za/portal/individual/terms-and-conditions> (Discovery) and agree that these documents may be updated from time to time, and that any personal information AIA Australia and/or Discovery hold will be governed by that entity's most current Privacy Policy. I understand that in addition to the purposes set out in these privacy policies that my personal information may be used and I may be contacted by AIA Australia Ltd for the purposes of verifying the information on this form.