

CANCERAID COACH

Empowering better health outcomes



HEALTHIER, LONGER,
BETTER LIVES

Evidence-based life coaching to achieve better cancer care outcomes.

AIA Australia's partner CancerAid has developed an evidence-based life coaching program which helps people diagnosed with cancer have better outcomes.

The CancerAid Coach Program is a 6-week program developed to guide you toward reaching better cancer care outcomes, based on clinically proven science. CancerAid brings together the individualised attention of professional health coaches with a researched curriculum and manageable but powerful goals.

How the CancerAid Coach Program works:



Speak with a coach

Your CancerAid Health Coach will call you to introduce the program and periodically check in during the program



Weekly education modules

Receive a series of informative articles and helpful tips to improve your quality of life with cancer.



Free app to help

Utilise the free CancerAid app to achieve goals as outlined by the Coach Program



No cost to you

The CancerAid Coach Program is completely covered by your insurer, and the CancerAid app is free to download and use, always.