

Step into Life Benefit Guide

About Step into Life

Step into Life specialises in group outdoor personal training. With over 170 Franchises all over Australia, our goal is to encourage people to live a healthier lifestyle.

At Step into Life you'll find some of the most beautiful outdoor spaces this country has to offer where working out with your family and friends is encouraged, and your trainer becomes your personal fitness champion!

The Step into Life team is passionate about and dedicated to helping you achieve your fitness goals, whatever they may be.

What is the benefit?

As an AIA Vitality member, you are entitled to a 40% discount on the monthly training fees with Step into Life.

Step into Life offers three training options:

Base – 1 session per week

Ascent – 2 sessions per week

Infinity – unlimited training per week.

Session fees are based on the number of times you train per week. The Infinity option has no membership fee and Base and Ascent options have a once off lifetime membership fee of \$60.

If you cancel your Step into Life membership and wish to restart at a later date; or change from one Step into Life

venue to another, you will not be charged another membership fee.

Step into Life knows that it takes most people 3 months to achieve real fitness results so their membership has an initial 3 month minimum term and then monthly thereafter.

Who may use this benefit?

AIA Vitality members are eligible for Step into Life membership discount.

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How does the benefit work?

In order to access this benefit, you can do the following:

- Go online to www.stepintolife.com.au and book into 3 free introductory trial sessions or contact your nearest or preferred Step into Life venue by telephone or email.
- After your free trial sessions, you can sign up online or at the venue.
- You will have to provide your AIA Vitality member number to the Step into Life trainer in order for them to process your activation.

Existing Step into Life members who join AIA Vitality

- If you are already a Step into Life member prior to joining AIA Vitality, you cannot get the 40% discount until your existing contract term comes to an end and you have no outstanding payments due to Step into Life.
- You may, however, start earning AIA Vitality Points under your existing membership. To start earning the points, notify the Step into Life trainer where you registered, that you are an AIA Vitality member. Provide them with your AIA Vitality member number in order for them to register your existing Step into Life membership with AIA

Vitality. You will start to earn points immediately after registration.

AIA Vitality Points

- You will earn 100 points for each session registered at Step into Life. There is a limit of 15,000 physical activity points you can earn per membership year.
- You may only earn points for one eligible physical activity a day, which includes a session at Step into Life, any of our other gym partners, walking, running or other activities tracked with fitness devices.
- If you exercise more than once a day, we will record only the highest points earning activity.

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Locations

Please visit the Step into Life website stepintolife.com.au, for the full list of locations across Australia.

Important points to remember

- The minimum initial membership period is three full calendar months payable monthly in advance. After the initial membership period has expired, the membership continues on a monthly basis.
- Payment can be made monthly by credit card. When you sign up you will need to pay a pro rata amount for the first month and then on the first of each month thereafter.
- Please note, where there is five weeks in a month, you will be charged extra for that month.
- If you wish to cancel your Step into Life membership, you must advise your selected Step into Life trainer before the 25th of the month, otherwise cancellation will not take effect until the following month (and you will need to pay for the additional month).
- If your AIA Vitality membership ends for any reason, you can continue with your Step into Life membership, but will be required to pay the standard session fees.
- In case of dispute, the decision of AIA Australia and Step into Life shall be final.
- Use of this benefit is subject to the AIA Vitality Terms and Conditions, AIA Vitality Terms of Use and the AIA Australia Privacy Policy available at aiavitality.com.au. Benefits may be varied or withdrawn at any time.

Any questions?

Visit aiavitality.com.au

Email queries@aiavitality.com.au

Call 1800 848 254

Information is correct as at January 2017 and is subject to change.

AIA Australia Limited ABN 79 004 837 861

step into Life
Group Outdoor Personal Training

AIA Vitality