

AIA Vitality Program Overview

Get an initial discount on eligible AIA Australia policies with AIA Vitality

UP TO **12.5%**

Our award-winning health and wellbeing program. AIA Vitality's proven approach takes you on a journey to better health – where you get to know your health, improve it and enjoy the rewards for doing so.

AIA Vitality members earn AIA Vitality points through a number of health and fitness related activities. These can include a physical activity target, or a health, nutrition or fitness assessment.

As a new member, you start on a Bronze Status and work your way up by completing activities. The more points you earn the higher your status and the bigger the rewards.

1

Know Your Health

HEALTH CHECKS
NUTRITION ASSESSMENTS
FITNESS ASSESSMENTS

We offer a range of online and offline health assessments to help you find out more about your health.

2

Improve Your Health

HEALTHY EATING
EXERCISE & FITNESS
LIFESTYLE & WELLBEING

We help you set goals and maintain good health through discounts on gym memberships, fitness devices and more.

3

Enjoy the Rewards

FLIGHTS
ENTERTAINMENT
SHOPPING VOUCHERS

We keep you motivated with ongoing rewards for all your effort, including discounts on flights, movie tickets, shopping vouchers, spa treatments and more.

AIA Vitality Partners and Rewards

Bronze 0 Points

Silver 10,000 Points

Gold 20,000 Points

Platinum 30,000 Points

