

# AIA Priority Protection with AIA Vitality

# AIA Vitality



**NUTRITION ASSESSMENTS 50% OFF**

**FITNESS ASSESSMENTS**

**ONLINE HEALTH ASSESSMENTS**

**FREE HEALTH CHECK**

**UP TO \$400 CASHBACK**

**UP TO 50% OFF**

**50% OFF**

**UP TO 25% OFF**

**UP TO 25% OFF**

**30% OFF**

**UP TO 100% OFF**

**UP TO A COMBINED VALUE OF \$650 PER AIA VITALITY MEMBERSHIP YEAR**

**50% OFF MEMBER MOVIE VOUCHERS**

**UP TO 50% OFF E-GIFT CARDS**

**UP TO 50% CASHBACK**

**\$5.00 VOUCHER EVERY WEEK** OR **\$5.00 DONATION EVERY WEEK**

- B** Bronze 0 Points
- S** Silver 10,000 Points
- G** Gold 20,000 Points
- P** Platinum 30,000 Points

## Earn up to \$260 per year in weekly Active Benefits rewards

You can earn a \$5 voucher each week by achieving your personalised physical activity target.

Spend your \$5 voucher with one of our Active Benefits partners including Woolworths, Uber, Uber Eats, Google Play and App Store & iTunes or choose to donate to one of our selected charities; Black Dog Institute, Cancer Council, Diabetes Australia or Youngcare.

# \$5



**\$5.00 VOUCHER EVERY WEEK**

**OR**

**\$5.00 DONATION EVERY WEEK**

## Earn up to \$650 per membership year in Shopping Rewards

Points Milestone	Shopping Reward
5,000	\$20
10,000	\$40
15,000	\$60
20,000	\$80
25,000	\$100
30,000	\$150
35,000	\$200
<b>Total</b>	<b>\$650</b>

Shopping rewards can be used at any of the following



## Fast Start to 5,000 points and earn a \$20 Shopping Voucher

Activity	Time	Points
Complete the AIA Vitality Health Review online	10 mins	1,000
Complete the Non-Smoker's Declaration online	1 min	1,000
Complete the Mental Wellbeing Assessment online	10 mins	750
Complete the Nutrition Assessment online	5 mins	1,000
Complete the Skin Self Examination online	5 mins	1,000
Link a fitness device or app and complete 7,500 steps (50 points per day)	28 days	1,400
Track your sleep and get 10 AIA Vitality points when you sleep for at least seven (7) hours	28 days	280
<b>TOTAL</b>	<b>28 days</b>	<b>6,430</b>
And/or		

**Complete the AIA Vitality Health Check at a participating TerryWhite Chemmart, Amcal or Guardian pharmacy.** **20 min Appointment** **Up to 6,000**

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