

March 2025



About Fitness First

When your body and mind are in shape, the ordinary somehow becomes extraordinary. At Fitness First our mission is to get more people on the journey to a more fearless and extraordinary life, so we've invested in our clubs, our people and the right tools to help you get there. Fitness First offers the latest innovations in fitness, flexible membership options, and highly experienced staff. There's no better place to begin your fitness journey.

What is the benefit?

- 40% discount on 12 month Passport and Platinum membership contracts. This discount applies to the Fitness First listed prices, inclusive of GST.
- Speak to your Fitness First staff member directly about AIA Vitality discounts on Platinum Plus, Black Label and Titanium memberships.

- Additional benefits may apply during special promotional periods. The AIA Vitality Fitness First benefits are not available in conjunction with Fitness First retail offers.

Who may use the benefit?

- To join, go into the club to receive the discount. You will need to show your 40% discount eligibility as displayed on the Fitness First Benefit page within the AIA Vitality app to the Fitness First staff. A screenshot of your app showing your AIA Vitality membership number will also be taken by the Fitness First staff as part of the verification process. Once verified, the staff member will apply the 40% discount accordingly.
- AIA Vitality members with active memberships can join Fitness First gyms and take up the offer.
- If you are an existing Fitness First member, you can still take up this benefit. Please enquire with a staff member at your Fitness First gym. Your current membership contract will be ended at no cost to you, and you will start a new 12 month contract that will be linked with your AIA Vitality membership. Once the two memberships are linked you will receive the 40% discount and start earning 100 AIA Vitality Points when you visit a Fitness First gym - subject to daily and annual points limits.

How does the benefit work?

- Visit your preferred Fitness First club to join.
- Open the AIA Vitality app on your phone and show the Fitness First club staff member the Fitness First benefit screen to verify your discount and your AIA Vitality membership number.
- You will be provided with a link to sign up for the discounted membership, and will receive a membership card once you complete this process.

AIA Vitality Points

- Members will be awarded 100 AIA Vitality points for each visit to the gym (subject to daily and annual points limits)
- Remember to swipe your access card when visiting the gym in order to receive your points.
- Your points will reflect in the system within 5 days of your gym visit.
- You can receive a maximum of 150 AIA Vitality Points each day for all fitness related activities (excluding participation in organised fitness activities). If you exercise more than once per day, we will record the highest points earning activity only.
- If you participate in an organised fitness activity (e.g. marathon), you may earn more than 150 AIA Vitality Points in the day, and the points will contribute towards the yearly maximum of 15,000 physical activity points.

Important points to remember

- The weekly Fitness First membership fee is processed by Fitness First directly. Normal pro-rata billing applies if members join part way through a billing cycle.
 - You will be charged two fees by Fitness First, separate to the membership fee (which you receive a discount on as part of your AIA Vitality membership). To find out more visit www.fitnessfirst.com.au/terms-and-conditions
 - Standard Fitness First member cancellation terms apply www.fitnessfirst.com.au/terms-and-conditions
 - If members cancel their AIA Vitality membership their Fitness First minimum term will continue and their Fitness First membership fee will revert to the retail rack rate at the time of the cancellation.
 - AIA Vitality members can find billing and cancellation terms for Fitness First at www.fitnessfirst.com.au/terms-and-conditions
 - If you are missing AIA Vitality Points for gym visits, obtain your visit log from your Fitness First club staff and email the visit log to queries@aiavitality.com.au for eligible points to be awarded.
- Use of this benefit is subject to the AIA Vitality Terms and Conditions, AIA Vitality Terms of Use and the AIA Australia Privacy Policy available at aiavitality.com.au. Benefits may be varied or withdrawn in accordance with the AIA Vitality Terms and Conditions.
 - If a member's AIA Vitality membership is voluntarily changed to AIA Vitality Starter, the gym benefit will be immediately changed to a 30% upfront discount even if the member is within the minimum contract term for their gym membership.



Any questions?

Visit aiavitality.com.au

Email queries@aiavitality.com.au

Call **1800 848 254**