



What is Dietitians Australia?

Dietitians Australia (DAA) is a professional membership association representing more than 5,800 dietitians, nutritionists, nutrition scientists and dietetic students nationally. It is the peak body of dietetics and nutrition professionals in Australia providing leadership in dietetics, food and nutrition for healthier people and a healthier nation. Accredited Practising Dietitians (APDs) are university qualified nutrition professionals who are members of DA. APDs are the only healthcare professionals in Australia who are recognised by the Australian Government and Medicare to provide nutrition advice.

What's the benefit?

AIA Vitality Nutrition Assessment price - \$35

As an AIA Vitality member you are eligible to receive a 70% discount on your initial consultation fee with an APD. The consultation will be conducted over the phone or video (eg Skype).

Members will earn 1,000 AIA Vitality Points on their initial consultation and thereafter, up to an additional 1,000 points in a membership year for subsequent follow ups (capped at a maximum of two, with each one awarding 500 points).

How does the benefit work?

AIA Vitality has partnered with selected Accredited Practising Dietitians to offer nutrition assessments that can help you learn more about your eating habits and

how to improve them. You can save 70% off the recommended retail price of the initial consultation when you book with an APD to complete your AIA Vitality Nutrition Assessment and earn 1,000 AIA Vitality Points on your first consultation.

In order to access this benefit, you will need to complete the following steps:

- Log in to aiavitality.com.au and click through to the Nutrition Assessment page under the Know Your Health tab.
- Click on Get Started and follow the prompts.
- Once your booking is confirmed, you will receive confirmation from the APD.
- Payment of \$35 is made on the day of the appointment (or prior if arranged).
- On the day of your appointment remember to have the names of any supplements or medication that you may be taking.

- Confirmation of your attendance will be provided to us by your APD and points awarded automatically.

If you have Private Health Insurance cover, further rebates may also apply. Please check with your health insurer for eligibility.

AIA Vitality Points

You will be awarded 1,000 AIA Vitality Points on your first consultation with the APD and thereafter, up to an additional 1,000 points for subsequent follow ups (capped at a maximum of two, with each one awarding 500 points).

Important points to remember

If you'd like to make changes to the date or time of an appointment, you will need to call the dietitian at least two days in advance.

There's no limit on the number of AIA Vitality Nutrition Assessments you can complete,

but your points are capped at 2,000 points per year. You can make a follow-up appointment with the dietitian if desired. However, the applicable rates and fees will not be eligible for the AIA Vitality discount and cashback.

In case of dispute, the decision of AIA Australia and Dietitians Association of Australia shall be final.

Use of this benefit is subject to the AIA Vitality Terms and Conditions, AIA Vitality Terms of Use and the AIA Australia Privacy Policy available at aiavitality.com.au. Benefits may be varied or withdrawn at any time.



Any questions?

Visit aiavitality.com.au

Email queries@aiavitality.com.au

Call 1800 848 254